

# Proliferation Activity in the Adult Rat Brain Following Exposure to Ionizing Radiation

Proliferačná aktivita v dospelom mozgu potkana po expozícii ionizujúcim žiarením

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## Summary

**Background:** The aim of our study was to investigate radiation-induced short-term effects on the rat forebrain. **Material and Methods:** Adult male Wistar rats received whole-body exposure with fractionated doses of gamma rays (a total dose of 3 Gy) and were investigated seven and 14 days later. Immunohistochemistry and confocal microscopy were used to determine proliferating cells derived from anterior subventricular zone (SVZa) and distributed along the subventricular zone-olfactory bulb axis (SVZ-OB axis). Cell counting was performed in four anatomical parts along the well-defined pathway, known as the rostral migratory stream (RMS) represented by the SVZa, vertical arm, elbow and horizontal arm. **Results:** Different rate of cell overdistribution was found in all counted parts through the entire experiment, mostly detectable in the elbow and horizontal arm. **Conclusion:** Results suggested that radiation response of proliferating cells resides the SVZa may play a contributory role in the development of more adverse radiation-induced late effects.

## Key words

ionizing radiation – dose fractionation – brain – SVZ-OB axis – Ki-67

## Súhrn

**Východiska:** Cieľom práce bolo skúmať krátkodobé účinky ionizujúceho žiarenia na predný mozog potkana. **Materiál a metodika:** Dospelé samce kmeňa Wistar sme ožiarili celotelovou frakcionovanou dávkou gama žiarenia (celková dávka bola 3 Gy) a vyšetrovali sedem a 14 dní po expozícii. Pomocou imunohistochemického farbenia a konfokálnej mikroskopie sme detekovali proliferujúce bunky pochádzajúce z prednej steny subventrikulárnej zóny (SVZa) a následne migrujúce pozdĺž osi subventrikulárna zóna – *bulbus olfactorius* (SVZ-BO). Počet proliferujúcich buniek sme detekovali v štyroch anatomických oblastiach pozdĺž vopred definovanej migračnej trasy, známej ako rostrálna migračná dráha (RMS) t.j. v SVZa, vertikálnom ramene, ohybe a horizontálnom ramene. **Výsledky:** Vo všetkých hodnotených oblastiach sme počas trvania experimentu zaznamenali rôzny stupeň zvýšenej distribúcie proliferujúcich buniek, a to najmä v ohybe a horizontálnom ramene. **Záver:** Výsledky naznačujú, že postradiačná odpoveď proliferujúcich buniek, ktoré sa podieľajú na bunčnom zložení SVZa môže zohrávať úlohu vo vývoji neskorých postradiačných prejavov, ktoré sú z hľadiska prognózy veľmi nepriaznivé.

## Kľúčové slová

ionizujúce žiarenie – frakcionácia dávky žiarenia – mozog – os SVZ-BO – Ki-67

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Autoři deklarují, že v souvislosti s předmětem studie nemají žádné komerční zájmy.

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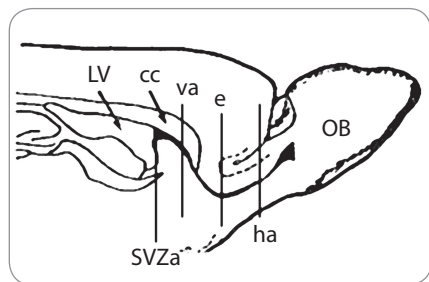
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## Background

In the mammalian forebrain, the subventricular zone (SVZ) represents one of the two discrete regions with persistent proliferative activity. It is composed of stem cells, progenitor cells, ependymal cells and cell types of glial, endothelial and microglial origin. The fate of descendants of proliferating cells depends on their location. The SVZ progenitors migrate along the well-defined pathway, called the rostral migratory stream (RMS) towards to olfactory bulb (OB) where they differentiate into granule or periglomerular interneurons and integrate to preexisting functional circuits [1–3]. Radiation-induced brain injury can damage the neuronal, glial and vascular compartments of the brain and may lead to anatomic and functional deficits. Research into irradiation effects has been mostly focused on studies of single-dose irradiation [4–7]. Single moderate (2–10 Gy) whole brain irradiation led to substantial loss of proliferating cells and immature neurons from the SVZ in a dose-dependent fashion up to several months after treatment; however, surviving cells have limited potential of SVZ repopulation or regeneration [4,8]. In the medical field, the leading mode of radiation delivery is fractionation, i.e. dividing radiation into multiple smaller doses to minimize any negative effect of radiation. The influence of dose, fractionation treatment, time of irradiation on late functional and histopathological changes have been derived from studies in rodents [7,6]. Fractionation



**Fig. 1. Schematic sagittal view of the rat forebrain. Vertical lines point to the individual parts along the SVZ-OB axis, where the Ki-67<sup>+</sup> cells were counted [22].**

SVZa – anterior horn of the subventricular zone, cc – corpus callosum, LV – lateral ventricle, va – vertical arm, e – elbow, ha – horizontal arm of the RMS, OB – olfactory bulb

led to vascular structural changes, increased blood-brain barrier permeability, microglial activation, enhanced expression of astrocytes and high expression of inflammation-related molecules (cyclooxygenase; Cox, intercellular adhesion molecule-1; ICAM-1, tumor necrosis factor-alpha; TNF- $\alpha$ ) up to six months post-irradiation [9–13].

In the present study, we investigated the alteration in spatio-temporal distribution of proliferating cells resident in adult SVZa and adjacent regions exposed to fractionated doses (the total dose of 3 Gy) of gamma rays at different intervals after post-irradiation survival.

## Material and methods

### Animals

Adult male Wistar strain rats (SAV Dobrá Voda, SR) 7–8 months old at the start of the experiment and weighing approximately 380 g, were used in this study. The animals were kept under standard conditions (temperature of 22–24 °C, light-controlled environment with 12/12-h light/dark cycle) and provided with food and water *ad libitum*. The protocols for use of experimental animals were approved by the Animal Care and Use Committee, Jessenius Faculty of Medicine in Martin, Comenius University in Bratislava, Slovakia (approval number Ro 1663/08–221/3 for animal experiments).

### Irradiation

For the irradiation procedure, the animals were anesthetized by i.p. injection of ketamine (1–2 ml/kg of body weight) and a s.c. injection of xylazine (0.1–0.2 ml/kg b.w.). The rats were whole-body irradiated using a <sup>60</sup>Co radiation source (apparatus TERAGAM 02 UJP, Prague, Czech Republic) at a dose rate of 1.86 Gy  $\times$  min<sup>-1</sup>. The total radiation dose administered was 3 Gy of gamma rays (1 Gy  $\times$  3) given at seven day intervals; the animals survived seven or 14 days after the last exposure (three animals at each time interval). Control animals were killed on day seven (n = 2) and day 14 (n = 2) after sham irradiation.

### Immunohistochemistry

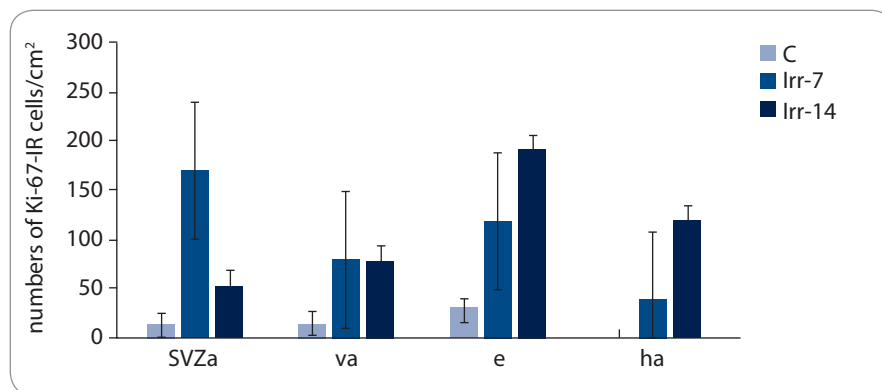
One to two weeks after irradiation, the animals were overdosed by inhala-

tion of a mixture containing 3% sevoflurane, 68% N<sub>2</sub>O and 30% O<sub>2</sub>, and transcardially perfused with saline followed by fixative 4% paraformaldehyde in 0.1 M phosphate buffer (PB). Brains were immediately removed from the skull, post-fixed overnight in the same fixative at 4 °C and cryoprotected in 30% sucrose for 18 h. Tissue samples were covered with embedding medium (Killik, Bio Optica, Milano, Italy) and immediately frozen by rapid cooling boost in a cryobar (Shannon Cryotome E, Thermo Scientific Waltham, MA, USA). Serial sagittal 30  $\mu$ m frozen sections were cut, collected on lysine coated slides and air-dried. To minimize non-specific binding of the secondary antibody, sections were incubated for 1 h at room temperature (RT) in goat blocking solution (10% goat serum, 1% BSA, 0.5% Tween 20 in PBS) and then covered overnight at 4 °C by rabbit anti-Ki-67 (Abcam, Cambridge, UK), a nuclear antigen that is expressed during the entire cell cycle except G<sub>0</sub> stage. After rinsing, the sections were incubated for 2 h at RT with goat anti-rabbit secondary antibody labeled with Alexa Fluor 488 (1 : 100, diluted in 0.3% Triton X-100 and 1% BSA in PBS, Molecular Probes, Eugene, OR, USA) and finally coverslipped with Fluoromount (Serva, Heidelberg, Germany). The slides were viewed with an Olympus FluoView FV10i confocal laser scanning microscope (Olympus, Japan) with 10 $\times$  objective, equipped with Alexa Fluor 488 (excitation: 499 nm; emission: 520 nm). The image capture was performed with an Olympus Fluoview FV10-ASW software, version 02.01 (Olympus) and further processed in Adobe Photoshop CS3 Extended, version 10.0 for Windows.

### Computer image analysis

Quantitative assessment was performed in a standardized counting area which included 30  $\mu$ m thick serial sagittal sections from four different areas along the SVZ-OB axis i.e. anterior horn of the SVZ (SVZa), vertical arm, elbow and horizontal arm representing the individual parts of the RMS (Fig. 1). The vertical arm of the RMS began in anterior horn of brain lateral ventricles (LV) and curved ventrally between the corpus callosum and corpus





**Fig. 3.** Distribution of proliferating cells in individual parts along the SVZ-OB axis in the forebrain of control animals and rats, survived seven and 14 days after fractionated radiation treatment (C, Irr-7, Irr-14;  $\bar{x} \pm \text{SEM}$ ).

*striatum*. Then, the RMS turned in a prominent angle, the elbow located half the distance from the rostral tip of the LV to the OB and the horizontal arm, which presents the rostral half of the RMS. The numbers of Ki-67-positive cells (Ki-67<sup>+</sup>; green fluorescent nuclei) were counted in each stained section throughout the RMS (10–15 sections per animal). Quantitative analysis was performed using ImageJ software (NIH, Bethesda, MD, USA), a public domain image processing and analysis program allowing segmentation, thresholding and analysis to obtain information regarding particle size and numbers. The results were displayed as the total numbers of labeled Ki-67<sup>+</sup> cells per cm<sup>2</sup>.

#### Statistical analysis

Data were analyzed using ANOVA one-way analysis followed by a Tukey-Kramer test comparison and presented as mean  $\pm$  standard error (SEM).

#### Results

Ki-67 immunohistochemistry demonstrates the RMS as a regularly shaped cord composed of highly or more weakly packed proliferating Ki-67<sup>+</sup> cells that are distinguishable from the surrounding brain parenchyma (Fig. 2). Image analysis of brain sections taken from control animals showed non-significant changes along the SVZ-OB axis. The highest value was seen in the elbow ( $31.2 \pm 12.2/\text{cm}^2$ ), and virtually no proliferation capacity was found in the horizontal arm. Massive distribution of Ki-67<sup>+</sup> cells was found in

animals, survived seven days after irradiation with maximum in the SVZa ( $172 \pm 144$  vs C:  $15.8 \pm 5.2$ ) followed by decline in the vertical arm ( $81.4 \pm 69.4$  vs C:  $16.5 \pm 3.5$ ) replaced by increase in the elbow ( $119.4 \pm 48.7$  vs C:  $31.2 \pm 12.2$ ) and ultimate decrease in the horizontal arm ( $40.8 \pm 26.1$ ). In the group, survived 14 days after radiation treatment was seen the highest increase in the elbow ( $191.9 \pm 67.2$  vs C:  $31.2 \pm 12.2$ ). After that, the rate of proliferation was decreased (ha:  $119.8 \pm 60.1$  vs Irr-7:  $40.8 \pm 26.1$ ); however, it still surpassed the values in the SVZa and vertical arm (SVZa: Irr-14:  $53.6 \pm 12.1$ ; va:  $78.5 \pm 16.9$ ).

#### Discussion

Quantitative image analysis showed difference in spatio-temporal distribution of proliferating cells which reside in the SVZ-OB axis (Fig. 3). During the entire experiment, proliferative activity increased, and the highest distribution was seen in the rostral parts of the RMS. The proliferative response may represent the recruitment of a relatively quiescent stem cell population, and this cellular input was seen after fractionated radiation treatment [14,15]. However, we found discrepancy between our findings and data published before. All counted parts were changed during the entire experiment, and the most expressive changes were seen in the elbow and horizontal arm of the RMS. In our previous works [16,17], we were concerned with radiation-induced alterations in proliferation dynamics of cells along the

RMS, labeled with exogenous proliferative marker 5-bromo-2'-deoxyuridine (BrdU). Investigation in the course of eighty days after single exposure showed that after initial steep decline in all counted parts, short-term increase in caudal parts of the RMS followed up to subsequent decrease close to control values at the end of the experiment. Recently, we have published data from a concurrent study that dealt with radiation-induced alterations in distribution of proliferating and glial cells in selected hippocampal regions [18]. Immunohistochemical labeling for Ki-67 in two subregions, *cornu ammonis* region 1 (CA1) and *cornu ammonis* region 3 (CA3), showed (up to 90 days after fractionated irradiation) that proliferating cells with neuronal features reside in the *stratum pyramidale* and neighboring layers are susceptible to irradiation. The most prominent increase was found in the group that survived 30 days after irradiation replaced by significant decline until 60 days after treatment. Moreover, this is consistent with our following study concerned with the expression of SVZa derived young neurons in the same region up to 90 days after application of the same total radiation dose (3 Gy) [19]. Different dynamic of proliferation strongly depends on techniques used for radiation delivery. Cellular response to single exposure is rapid and massive, within hours after treatment, whereas the fractionated response is delayed and surpassed the end of radiation treatment. With a fractionated irradiation application, the first dose attacks predominantly the active proliferating cells, and cell death occurs several hours later. Apoptosis is replaced by restoration of mitotic activity as response to cell death, and the subsequent dose kills the cells that began to proliferate either spontaneously or in response to the cell loss of the previous day [20]. We may speculate that proliferative Ki-67 labeled cells arisen from SVZa during their migration from the caudal to the rostral part of the RMS die, cease to proliferate or accumulate due to slackening of migration.

Earlier studies showed depletion of cells of the SVZa rather than their

short-term overdistribution [8,14]. This could play a major role in radiation-induced late effects, and it was suggested that if the restoration of SVZ fails, a gradual decline in the glial cells may lead finally to radiation necrosis. This could be important from a medical perspective since the doses used in radiotherapy of brain tumors are often much larger than the levels needed to eliminate neurogenesis [21]. Further research should clarify whether depletion of progenitors from the SVZ could contribute to complications of therapeutic brain irradiation.

### Conclusion

Obtained results confirm previous findings about effect of fractionated treatment on density of proliferating cells resides adult rat forebrain. Regardless of the fact that short-term effect of ionizing radiation on the brain parenchyma does not have such negative prognosis, there is a potential risk to development of late symptoms. Take to account that the most important factor in radiation oncology is dose tolerance limit for normal tissue to therapeutic radiation, outputs taken from animal studies should be crucial for development of novel therapeutic approaches. Therefore, it is necessary to create prevention strategies to avoid irreversible effects in clinical radiotherapy.

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